***therapy related interpersonal behaviors***

***(trib-g) assessment***

***who assessed? who assessing? date***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***A. clear & positive communication*** | | | | | |
| ***1. clarity of expression*** | | | | | |
| *not observable* | *0*  *vague* | *1* | *2* | *3* | *4 extremely clear* |
| ***2. ability to present own ideas in a clear and convincing manner*** | | | | | |
| *not observable* | *0*  *vague* | *1* | *2* | *3* | *4 extremely clear* |
| ***B. empathy & communicative attunement*** | | | | | |
| ***3. capacity for careful and active listening*** | | | | | |
| *not observable* | *0*  *very low* | *1* | *2* | *3* | *4*  *very high* |
| ***4. empathy/ability to accurately perceive the emotions of others*** | | | | | |
| *not observable* | *0*  *none* | *1* | *2* | *3* | *4 real understanding* |
| ***C. respect & warmth*** | | | | | |
| ***5. general behavior towards others*** | | | | | |
| *not observable* | *0*  *reserved* | *1* | *2* | *3* | *4*  *friendly* |
| ***D. managing criticism*** | | | | | |
| ***6. response to contrary opinions*** | | | | | |
| *not observable* | *0 low acceptance* | *1* | *2* | *3* | *4 high acceptance* |
| ***7. response to feedback about own behavior (1)*** | | | | | |
| *not observable* | *0*  *ignore* | *1* | *2* | *3* | *4 take seriously* |
| ***8. response to feedback about its own behavior (2)*** | | | | | |
| *not observable* | *0*  *hurt* | *1* | *2* | *3* | *4 content related* |
| ***E. willingness to cooperate*** | | | | | |
| ***9. ability & willingness to engage with & refine the ideas of other group members*** | | | | | |
| *not observable* | *0*  *low* | *1* | *2* | *3* | *4*  *high* |

***total score =***

Schöttke, H., et al. (2016). *"Predicting psychotherapy outcome based on therapist interpersonal skills: A five-year longitudinal study of a therapist assessment protocol."* Psychother Res. (online 6th January)