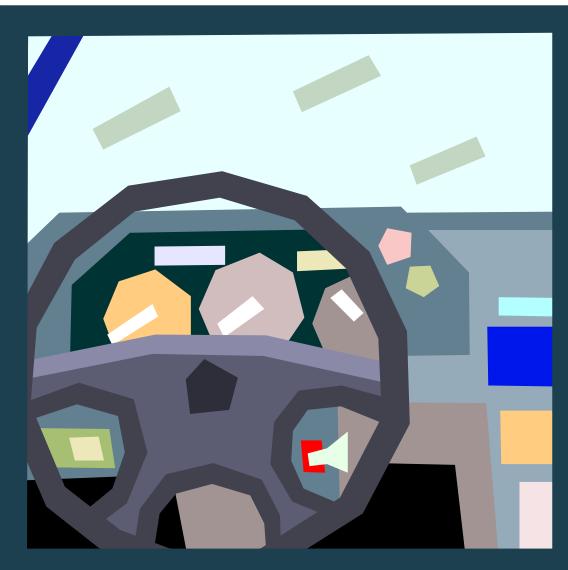


# wellbeing assessment dashboard

## positive emotions

- ❖ happiness scales
- ❖ panas
- ❖ fredrickson ratio
- ❖ diener spane



## life satisfaction

- ❖ life overall
- ❖ life domains: work, relationships, etc

## flourishing variants

- ❖ self-determination
- ❖ ryff & keyes
- ❖ diener, seligman
- ❖ huppert, etc

## other aspects

- ❖ strengths variants
- ❖ optimism, gratitude, compassion, etc